

NON-PROFIT ORGANIZATION
US POSTAGE PAID
PERMIT NO. 1589
SPRINGFIELD, MO



MONETT AREA YMCA
205 Euclid St.
Monett, MO 65708
www.monettymca.org
(417)235-8213



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

IT'S A WIN WIN SITUATION

HEALTH, WELL-BEING, & FITNESS
Monett Midway Regional Race
**5K RUN, 10K RUN,
& 1 MILE WALK**



MONETT AREA YMCA





SEPTEMBER 10, 2011
8:30AM 5K - 10K
& ONE MILE WALK

RACE DAY:

The race will be held on Saturday, Sept 10, 2011 rain or shine. The 5K, 10K and one mile walk will begin at 8:30am.

THE COURSE:

View course maps on monettmidwayrace.com Certified course by Ozark racing systems.

REGISTRATION INFO:

Pre-register at Monett Area YMCA or any of the other six branches of Ozarks regional YMCA or online at monettmidwayrace.com. or complete the attached registration form and send it to Monett Area YMCA 205 Euclid, Monett, Mo 65708, race-day registration begins 6:45am at the Monett Area YMCA .

PACKET PICK-UP:

Race day from 6:45AM-8:15AM

OUR SPONSORS:



Chip Timing provided by:
 Act Now promotions.

T-SHIRTS:

All 5K, 10K and One Mile Participants who Preregister by September 4th will receive a T-shirt on race morning. All participants who register after September 4th or sign up race morning will have to come by Monett Area YMCA and pick up their shirts or we will mail them to you. T-shirt sizes S-XL.

PRIZES:

All participants have a chance to win great prizes!
 Drawings will be held for:
 * 2 round trip tickets to anywhere in the continental US provided by Delta Airlines.
 * 3 Month membership to Monett Y.
 * T-shirts
 * water bottles
 * many more fun prizes.
 Race Winners will receive:
 * \$500 Savings bond for the first male and female overall winners in the 5K provided by First State Bank.
 * \$500 Savings bond for the first male and female overall winners in the 10K provided by Community National Bank.

Custom-designed Medals will be awarded to overall male and female winner of the 5K and 10K, and to the top three male and female in following age divisions: 14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-69, 70 and over.

POST RACE:

Stay for FREE food, Prize drawings, Fun and Music.

CHILD CARE: Child Care will be available to those who preregister. Please indicate the number of children that will be needing care and their ages.
 Number of Children: _____ Ages: _____

COST:

5K / 10K \$20 Pre-register
 5K / 10K \$25 day of race
 One mile walk : \$8 (includes t-shirt)
 \$5 (without shirt)

REGISTRATION

Name: _____ M F Birth date: _____ Age: _____
 Address: _____ City: _____ State: _____ Zip: _____
 Home Phone: _____ Work Phone: _____
 Email address: _____

please mark the event in which you will participate

5K RUN 10K RUN 1MILE WALK

T-Shirt Size SM MED LG XL XXL YM 10-12 YL 14-16

T-Shirt Color Blue Orange Green

I understand and am aware that I will be participating in a physical activity and that the potential for accidents do exist. In consideration for being allowed to participate in this YMCA event, I agree to assume the risk of such exercise and further agree to defend and hold harmless the YMCA/Ozarks Regional YMCA, it's staff members and volunteers associated with the YMCA event from any and all claims, suits, losses, or related causes of action for damages, including but not limited to, such claims that may result from injury or death, accidental or otherwise, during, or arising in any way from the YMCA event. I also understand that the YMCA/Ozarks Regional YMCA may use, for publicity and/or promotional purposes, my name or pictures of me in this program, without obligation or liability to me or my family.

Signature: _____ Date: _____

MORE INFO:

Visit www.monettmidwayrace.com or call Stacy at the Monett Area YMCA at 417-235-8213

Method of Payment—For office use only

Cash Check # _____ CC Receipt # _____ Date Paid _____